

ROWING AUSTRALIA
2018 Handicap and Age Grade Revision

1000m Prognostic Times - seconds

MEN		A	B	C	D	E	F	G	H	I	J	K	L	M
M8+		173.9	175.1	177.9	181.4	185.3	190.2	196.6	205.3	217.5	231.2	245.0	263.2	287.9
M4x-		179.3	180.5	183.4	187.1	191.0	196.1	202.7	211.6	224.2	238.3	252.5	271.3	296.8
M4x+ inferred		186.4	187.7	190.7	194.5	198.6	203.9	210.8	220.1	233.1	247.9	262.6	282.1	308.7
M4-		185.0	186.2	189.2	193.0	197.1	202.3	209.1	218.4	231.4	245.9	260.6	280.0	306.3
M4+		192.2	193.4	196.6	200.5	204.7	210.1	217.2	226.8	240.3	255.5	270.7	290.8	318.1
M2x		192.2	193.4	196.6	200.5	204.7	210.1	217.2	226.8	240.3	255.5	270.7	290.8	318.1
M2-		203.4	204.8	208.1	212.2	216.7	222.4	229.9	240.1	254.4	270.4	286.5	307.8	336.7
M1x		207.0	208.4	211.8	216.0	220.6	226.4	234.0	244.4	258.9	275.2	291.6	313.3	342.7

WOMEN		A	B	C	D	E	F	G	H	I	J	K	L	M
W8+		196.1	197.4	200.5	204.3	208.5	214.1	221.8	232.9	249.6	269.6	291.0	321.0	365.4
W4x-		202.1	203.5	206.7	210.6	215.0	220.7	228.7	240.1	257.3	278.0	300.0	331.0	376.7
W4x+ inferred		210.2	211.6	214.9	219.0	223.6	229.6	237.8	249.7	267.6	289.0	311.9	344.2	391.8
W4-		208.6	210.0	213.3	217.4	221.9	227.8	236.0	247.8	265.5	286.8	309.6	341.5	388.8
W4+		216.7	218.1	221.5	225.8	230.4	236.6	245.1	257.4	275.8	297.9	321.5	354.7	403.8
W2x		216.7	218.1	221.5	225.8	230.4	236.6	245.1	257.4	275.8	297.9	321.5	354.7	403.8
W2-		229.3	230.9	234.5	239.0	243.9	250.4	259.4	272.4	291.9	315.3	340.3	375.5	427.4
W1x		233.4	235.0	238.7	243.2	248.3	254.9	264.1	277.3	297.1	321.0	346.4	382.2	435.0

MIXED		A	B	C	D	E	F	G	H	I	J	K	L	M
Mix8+		184.3	185.6	188.5	192.2	196.2	201.4	208.4	218.2	232.4	248.9	266.0	289.2	322.1
Mix4x		190.0	191.3	194.3	198.1	202.3	207.7	214.9	225.0	239.6	256.6	274.2	298.2	332.0
Mix4x+ inferred		197.6	198.9	202.1	206.1	210.4	216.0	223.5	233.9	249.2	266.9	285.2	310.1	345.3
Mix4-		196.1	197.4	200.5	204.5	208.7	214.3	221.8	232.1	247.3	264.8	283.0	307.7	342.6
Mix4+		203.7	205.0	208.3	212.4	216.8	222.6	230.3	241.1	256.8	275.1	293.9	319.6	355.9
Mix2x		203.7	205.0	208.3	212.4	216.8	222.6	230.3	241.1	256.8	275.1	293.9	319.6	355.9